

## House Resolution No. 1193

**Whereas**, the members of the Missouri House of Representatives always welcome the opportunity to acknowledge milestone events in the lives of Show-Me State residents who have demonstrated time and time again their value as citizens in local communities and neighborhoods; and

**Whereas**, Harry Vanderford of North Kansas City recently celebrated his One Hundredth Birthday, a goal for which many strive, but few actually achieve; and

**Whereas**, born on March 1, 1904, in Mill Grove when the average life expectancy for men was just 47.3 years, Harry Vanderford observed his Centennial Birthday on Wednesday at Antioch Center, a shopping mall where he has walked laps for the past thirty years as one of the original exercisers who persuaded the facility to open early to accommodate them; and

**Whereas**, Harry Vanderford reduced the length of his mall walks from three miles to two when he turned ninety-eight, but continues to enjoy eating plenty of spinach, carrots, broccoli, and fruits washed down with a glass of grape juice which is his beverage of choice; and

**Whereas**, one hundred fellow mall walkers celebrated Harry Vanderford's birthday with him by providing a cake topped with three numeral candles, a card, a rendition of "Happy Birthday," and a monetary gift, while mall management contributed a wooden plaque and Kansas City Mayor Kay Barnes declared the day to be "Harry Vanderford Day"; and

**Whereas**, Harry Vanderford established his walking habit early in life when he had to hike a mile and a half to attend classes at a one-room schoolhouse; and

**Whereas**, Harry Vanderford shares his birth year with the invention of stainless steel, the election of Theodore Roosevelt to a full presidential term, and four-cent loaves of bread; and

**Whereas**, on April 14, 2004, Harry Vanderford and his beloved wife Mabel will celebrate their sixty-fifth anniversary as a joyfully wedded couple:

**Now, therefore, be it resolved** that we, the members of the Missouri House of Representatives, Ninety-second General Assembly, join unanimously to applaud the long, productive life enjoyed by Harry Vanderford and to convey to him this legislative body's heartiest congratulations upon reaching his One Hundredth Birthday and our best wishes that he will easily exceed his goal of living to be One Hundred Ten; and

**Be it further resolved** that the Chief Clerk of the Missouri House of Representatives be instructed to prepare a properly inscribed copy of this resolution in honor of Missouri Centenarian Harry Vanderford of North Kansas City, Missouri.

Offered by \_\_\_\_\_  
Representative Trent Skaggs  
District No. 31

I, Catherine L. Hanaway, Speaker of the House of Representatives, Ninety-second General Assembly, Second Regular Session, do certify that the above is a true and correct copy of House Resolution No. 1193, adopted March 17, 2004.

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Catherine L. Hanaway, Speaker